**SEL - December 2020 – Generosity**

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| **Week** | **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | 1  Give a compliment | 2  **Special Education Day**  Hug a loved one | 3  Let somebody go first | 4  Call a friend | 5  Do an extra chore |
|  | 6  Help the elderly | 7  Write a letter to the hospital | 8  **SPEAKUP!**  **6:30pm**  Share your ideas | 9  Read a book to a friend | 10  Humans Rights Day  Thank a special person | 11  Pay something forward | 12  Donate something to charity |
|  | 13  International Children’s Day  Play a game with a child | 14  Sing a song to the sick | 15  Bill of Rights Day  Say thank you to someone | 16  Volunteer your time | 17  **SEL**  **Tea & Toast** **Parents** | 18  **Homework Pass Day**  Bake cookies to share | 19  Mentor someone |
|  | 20  Go Caroling Day | 21  Listen to someone’s story | 22  Send out cards | 23  Donate your talent | 24  National Chocolate Day  Surprise someone | **25**  **Christmas Day**  No School  Give a gift | 26  **Happy Holidays**  Share with others |
|  | 27  No School  Forgive someone a debt | 28  No School  Babysit | 29  No School  Pass the remote | 30  No School  Give them an extra turn | 31  **New Year’s Eve**  No School  Double Tip | January 1, 2021  No School | SELL Reese  #sellSEL |

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| **Generosity Resources** | **SEL Tea and Toast Parent Self-Care Workshop** | **Wellness Wednesday** |
| Generosity Videos | Thursday – December 17, 2020 from 3:30-4:30 | Educators Fill Your Cup |
| **Generosity -** a willingness to give or to share | See Blankenburg School Website  For the Zoom Link | Wellness Practices In & Out of the Classroom |
| Scholars - <https://www.youtube.com/watch?v=UdgALI_UgUg&t=83s> | **SPEAKUP!** Conversation on Race & Racism – Register below Begins at 6:30pm - Free  <https://speakup.org/programs/upcoming-speakup-events/> | <https://blog.planbook.com/self-care-for-teachers/> |
| Teachers - <https://www.youtube.com/watch?v=aiM2BobJk_U> |  |  |
| Parents - <https://www.youtube.com/watch?v=Yzmc_oR2IGM> |  |  |
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